

# Minnesota Health Care Directive

## Purpose of form

Part I. Allows you to appoint another person (called an agent) to make health care decisions if a doctor decides you are unable to do so.  
Part II. Allows you to give written instructions about what you want.  
Part III. Requires you and others to sign and date to make this legal.

## My personal information

My name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Home phone number: (     ) \_\_\_\_\_  
Work phone number: (     ) \_\_\_\_\_  
Date of birth: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_

- I revoke all living wills, Durable Powers of Attorney for Health Care, or other written advance health care directives that I have signed in the past.

## PART I: Naming An Agent

### Agent's duties

My health care agent can:

- Make health care decisions for me, if I am unable to make and communicate decisions for myself.
- Make decisions based on any instructions in Part II of this document or in other documents.
- Make decisions based on what he or she knows about my wishes.
- Act in my best interests, if instructions are not available

### Agent's roles

- When naming my health care agent, I must choose one of the following.  
*Initial the line in front of statement that you WANT.*

\_\_\_\_\_ I appoint one person to serve as my primary health care agent to make decisions for me, if I am unable to make or communicate these decisions for myself. My primary agent may act alone. If my primary agent is not able, willing, or available, each alternate agent I name may act alone, in the order listed.

\_\_\_\_\_ I appoint two or more persons to act together as my health care agent. My primary agent and alternate agents must act together and be in agreement when making decisions. If they are not all readily available, or if they disagree, a majority of the agents are readily available may make decisions for m.

**My primary health care agent**

I appoint:

Agent's name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone number: (     ) \_\_\_\_\_

Work phone number: (     ) \_\_\_\_\_

**My first alternate health care agent**

Agent's name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone number: (     ) \_\_\_\_\_

Work phone number: (     ) \_\_\_\_\_

**My second alternate health care agent**

Agent's name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone number: (     ) \_\_\_\_\_

Work phone number: (     ) \_\_\_\_\_

**(If needed)  
Reasons for naming health care provider**

I have named my agent a health care provider, or employee of a health care provider, who is currently or might be providing direct care to me when decisions are needed. That person is not related to me by blood, marriage, registered domestic partnership, or adoption.

My reasons for wanting to appoint that person as my agent are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Powers of my agent**

If I am unable to decide or speak for myself, my agent has the power to:

- Consent to, refuse, or withdraw any health care, treatment, service, or procedure.
- Stop or not start health care which is keeping or might keep me alive.
- Choose my health care providers.
- Choose where I live when I need health care and what personal security measures are needed to keep me safe.
- Obtain copies of my medical records and allow others to see them.

**Additional powers of my agent**

*If I WANT my agent to have any of the following powers, I must initial the line in front of the statement*

I also authorize my agent to:

\_\_\_\_\_ Make health care decisions for me, even if I am able to decide or speak for myself.

\_\_\_\_\_ Carry out my wishes regarding a funeral, burial, or what will happen to my body when I die.

\_\_\_\_\_ Make decisions about mental health treatment, including electroconvulsive therapy and antipsychotic medication, including neuroleptics.

\_\_\_\_\_ In the event that I am pregnant, determine whether to attempt to continue my pregnancy to delivery, based upon my agent's understanding of my values, preference, or instructions.

\_\_\_\_\_ Continue as my health care agent, even if a dissolution, annulment, or termination of our marriage or domestic partnership is in process or has been completed.

**Limiting the powers of my agent**

I wish to limit the powers of my health care agent in the following way(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PART II: Health Care Instructions**

- I give the following instructions about my health care (my values and beliefs, what I do and to not want, views about medical treatments or situations): \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

- I am attaching additional instructions concerning my health care values and preferences.

*Initial one line:* \_\_\_\_\_ Yes \_\_\_\_\_ No

- I authorize donation of organs, tissue, or other body parts after my death.

*Initial one line:* \_\_\_\_\_ Yes \_\_\_\_\_ No

## PART III: Making This Document Legal

**My signature /  
mark and date**

I agree with everything in this document and have made this document willingly:

My signature: \_\_\_\_\_

Date (*day / month / year*): \_\_\_\_\_

### Notary Public OR Witnesses

**Notary Public**

NOTE: Must not be  
named as agent or  
alternate agent

STATE OF MINNESOTA

County of: \_\_\_\_\_

This document was signed or acknowledged before me this (*day*) \_\_\_\_\_  
of (*month*) \_\_\_\_\_, (*year*) \_\_\_\_\_ by the  
above-named principal.

Signature of Notary Public: \_\_\_\_\_

**Two Witnesses**

NOTE: Only one  
witness can be a  
direct care provider  
or employee of a  
provider on the day  
this is signed.

This document was signed or acknowledged in my presence. I am not an agent or  
alternate agent in this document.

Witness' signature: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Date (*month / day / year*): \_\_\_\_\_

Witness' signature: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Date (*month / day / year*): \_\_\_\_\_